



éthio étapes  
CENTRE INTERNATIONAL  
DE SÉJOUR  
SALIGNAC

# EDUCATIONAL VISIT



## DISCOVER OF THE TOURIST SECTOR

### DAY 1

Arrival. Welcome. Settling in.  
Presentation and discovery of the Centre  
International de Séjour  
Visit of Salignac village  
*Dinner at the centre*  
Video « Raconte-moi le Périgord »

### DAY 2

**Morning** Visit of a village of holiday cottages  
**Afternoon** Dordogne Valley  
Guided tour of Lascaux caves  
**Evening** Presentation of the region by the  
students from the MFR du Périgord Noir

### DAY 3

**Morning** Speech by an elective representative  
on a village from the surrounding area  
**Afternoon** Visit of a cheese making farm  
Speech by the president of Salignac Tourist  
Office  
*Traditional Périgordian Dinner at the centre*

### DAY 4

**Morning** Visit of a holiday village  
*Picnic*  
**Afternoon** Visit of a truffle farm  
Visit to goose and duck farm using traditional  
feeding techniques for the production of foie  
gras. Includes sampling the product!  
**Evening** in Sarlat

### DAY 5

Packing and departure with packed lunch



**FROM 175 EUROS**  
**per person**

Rate on the basis of a group of 25 teenagers

*The price includes 4 nights of full-board accommodation in triple room with en suite bathroom, administration costs, sheets, one meal in a farmhouse inn, one meal with Perigordian specialities, the booking and the tickets for the visits planned in the program.*

*Option : Accompaniment during the day by a person of the centre.*

IN THE HEART OF THE PERIGORD AND PRESTIGIOUS  
SITES : SARLAT, LASCAUX, CASTELNAUD...  
PRÉHISTORY AND MIDDLE AGES IN A COUNTRY  
WHERE GASTRONOMY IS THE KING !



éthico étapes

CENTRE INTERNATIONAL  
DE SÉJOUR  
SALIGNAC



## OUR CENTRE

The CIS is in the centre of a charming and peaceful village of 1000 inhabitants, with shops and services nearby, including cafes, restaurants and during the holiday season, a farmer's market in the main square on Tuesday mornings and Friday evenings.

We welcome groups of all ages who wish to visit the Périgord for cultural reasons, or to take part in sporting activities or training courses.

Come to the centre to go walking or to amble through our beautiful region on a voyage of discovery, or simply to relax. Come and hold your own courses in yoga, art, etc. with your trainers.....or why not attend one of our language courses ?

A dynamique team will welcome you and will help you to discover our region, our culture and our gastronomy. Our team is here to help you organise your group stay, your family party, your language or recreational course or your sight-seeing trips.



## OUR REGION

The region abounds with gems such as the medieval town of Sarlat, the celebrated Lascaux caves, countless prehistoric sites and 1001 castles, not forgetting its renowned cuisine, rich with refined delicacies such as foie gras and truffles. You can experience all this with us in here the Périgord Noir.



### INFORMATIONS AND RESERVATIONS

Ethic Etapes - Centre International  
de Séjour du Périgord Noir  
Avenue de la Dordogne

24590 Salignac Eyvigues - France

TEL +33 (0)5 53 31 31 91

FAX +33 (0)5 53 31 31 99

MAIL [mfv1@wanadoo.fr](mailto:mfv1@wanadoo.fr)

WEBSITE [www.cisperigord.com](http://www.cisperigord.com)