



éthio étapes

CENTRE INTERNATIONAL  
DE SÉJOUR  
SALIGNAC

8

# SIGHTSEEING VISIT

## THE 1001 CASTLES OF THE PERIGORD NOIR

### DAY 1

Arrival. Settling in. Dinner at the centre.

### DAY 2

**Morning** Guided tour of Castelnaud castle and its museum of the war during the Middle Ages

*Picnic on the Dordogne riverside*

**Afternoon** Guided tour of Beynac castle, famous for being the place of movie shootings

Guided tour of les Milandes castle, ancient residence of Joséphine Baker, and its birds of prey show

**Evening** Free in Sarlat

### DAY 3

**Morning** Visit of Losse castle

*Picnic on the Vézère riverside*

**Afternoon** Visit of Commarque castle

Visit of Puymartin castle with its White Lady legend

*Traditional Périgordian Dinner at the centre*

### DAY 4

**Morning** Visit of Fénelon castle

**Afternoon** Visit of Hautefort castle and its gardens

### DAY 5

Packing and departure with packed lunch



**FROM 311 EUROS**

**per person**

Rate on the basis of a group of 25 adults

*The price includes 4 nights of full-board accommodation in double room with en suite bathroom, administration costs, sheets, one meal with Périgordian specialities, the booking and the tickets for the visits planned in the program.*

*Option : Accompaniment during the day by a person of the centre*

IN THE HEART OF THE PERIGORD AND PRESTIGIOUS SITES : SARLAT, LASCAUX, CASTELNAUD...  
PRÉHISTORY AND MIDDLE AGES IN A COUNTRY WHERE GASTRONOMY IS THE KING !



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## OUR CENTRE

The CIS is in the centre of a charming and peaceful village of 1000 inhabitants, with shops and services nearby, including cafes, restaurants and during the holiday season, a farmer's market in the main square on Tuesday mornings and Friday evenings.

We welcome groups of all ages who wish to visit the Périgord for cultural reasons, or to take part in sporting activities or training courses.

Come to the centre to go walking or to amble through our beautiful region on a voyage of discovery, or simply to relax. Come and hold your own courses in yoga, art, etc. with your trainers.....or why not attend one of our language courses ?

A dynamique team will welcome you and will help you to discover our region, our culture and our gastronomy. Our team is here to help you organise your group stay, your family party, your language or recreational course or your sight-seeing trips.



## OUR REGION

The region abounds with gems such as the medieval town of Sarlat, the celebrated Lascaux caves, countless prehistoric sites and 1001 castles, not forgetting its renowned cuisine, rich with refined delicacies such as foie gras and truffles. You can experience all this with us in here the Périgord Noir.



### INFORMATIONS AND RESERVATIONS

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